



Renfrew County District School Board

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April 30, 2009

To All Parents/Guardians and Staff:

As you have already learned through the media, a strain of influenza (H1N1 – also known as swine flu) has been reported in Canada, Mexico and the United States. Countries around the world and the World Health Organization are investigating this illness.

The Renfrew County District School Board strives to provide a safe, caring and respectful learning environment for all students and staff. To that end, we remain in close contact with the Renfrew County & District Health Unit, and are fully prepared to respond to advice and direction aimed at protecting the health of our school communities. Information and instruction on proper hand washing technique is already in place at every school and is being renewed and re-emphasized.

Remember to:

- Wash hands well and often with soap and warm water.
- Cover your mouth and nose when you sneeze or cough.
- Cough and sneeze into your sleeve or arm.
- Practice safe social distancing (1 metre)
- Contact your family doctor and stay at home if you are ill.
- Keep doing what you normally do, but stay home if sick.
- Check www.fightflu.ca for more information.
- Check www.voyage.gc.ca for travel notices and advisories.
- Talk to a health professional if you experience severe flu-like symptoms.

For further information on human swine flu, please visit:

<http://www.phac-aspec.gc.ca/index-eng.php> or call: 1-800-454-8302.

You can also call Telehealth Ontario at 1-866-797-0000.

As per standard school practice, all school staff are encouraged to be vigilant for students who are ill and to report any concerns to the principal. Students who are ill should remain at home until they are feeling better.

Yours truly,

Roger Clarke
Director of Education